



Strathesk
Primary School

Weekly Mail Drop

09.12.2022

(Our weekly mail drop will continue to be sent out each **Friday** this year)

Included in this week's mail drop:

- Overview of Christmas calendar
- Active Schools Club - please note the Hockey Club start date should read 12th December
- Adult Learning opportunities

I hope you have had a great week. It's been another busy and fun week in school.

At this time of year families can sometimes feel the need to buy school staff a gift for Christmas. While we are very grateful for your kindness, we ask that you do not spend your money on us this year. These past few years have been particularly challenging for everyone, emotionally, physically and financially. We ask therefore that instead of buying staff gifts, you use this money to support at home for your Christmas/winter celebrations as a family. Please know that we are truly touched by your thoughtfulness and appreciation but we don't want to add to what can already be a stressful time of year.

A reminder that flu vaccinations will take place in school next Tuesday (13th).

Digital Safety Webinars

We are pleased to offer four webinars that will focus on what you can do to help keep your child safe online and how you can support your child to get the most out of his/her device.

These webinars will be held 7-8pm on the following dates:

- Tues 24 Jan - Digital Safety (ELC/Primary) [Click here to register](#)
- Wed 25 Jan - Digital Safety (Secondary) [Click here to register](#)
- Tues 7 Feb - Supporting Your Child With Their Device (Primary) [Click here to register](#)
- Wed 8 Feb - Supporting Your Child With Their Device (Secondary) [Click here to register](#)

Please visit our school website strathesk.mgfl.net Our weekly mail drop and much more has now been added. Please take a wee look. We will continue to add information we think you might find useful so please visit regularly. We would appreciate your feedback and suggestions of what you would like us to share here.

A gentle reminder that our school is a pet and smoke free zone. Please do not smoke in or around the school grounds, including the playground and the school gates. Please do not bring pets, including dogs, into the school playground. Many of our children are afraid of dogs, even those on a lead, and some of our children are allergic to them. Thank you for your support with this.

Can you please ensure your child brings a healthy snack and water to school rather than sweets and fizzy drinks? Similarly, if your child is bringing a packed lunch can you please ensure all items are healthy? Over this term we have seen an increase in sweets, crisps and chocolate which can have a negative impact on a child's ability to concentrate in class. Please note we are a nut free school and so nuts or foods containing nuts, including Nutella, must not be sent into school as we have a number of children with allergies. Thank you for your support with this.



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Can you please make sure your child comes to school dressed for cold and wet weather? Children can leave a change of clothing in their trays in the classroom should you wish to send these in with them. Where possible, we will continue to develop our Outdoor Learning curriculum unless the weather is particularly bad. Even if not raining, the ground can still be wet and slippery especially in the woods so we recommend coming to school in wellies, waterproof trousers and coat on the days your child has Outdoor Learning.

Head lice and nits are very common in young children and their families. They don't have anything to do with dirty hair and are picked up by head-to-head contact. Please check your child's hair regularly for head lice. Treat head lice as soon as you spot them and ensure you complete the full treatment. There's no need to keep your child off school if he/she has head lice. For further information on how to spot and treat headlice please visit the NHS website <https://www.nhs.uk/conditions/head-lice-and-nits/>

Please have a lovely week, everyone. Take care and look after yourself and your family.