

## Weekly Mail Drop 27.01.23

(Our weekly mail drop will continue to be sent out each **Friday** this year)

Included in this week's mail drop:

- Notice of closure of YMCA childcare service
- Consultation on length of school day at Penicuik HS for current P7 parents/carers only
- 'Schools Out' February programme

I hope you have had a lovely week. We have been very busy again with one of our highlights being our Burns celebrations and all the learning about Scotland and Scots language.

Mrs Sainsbury remains absent due to a broken ankle. I know you will join with me in wishing her a speedy recovery. Mrs Henderson and Mrs Lamb have been teaching in P25 during her absence. I will keep you updated here each week in relation to Mrs Sainsbury's return.

Please see attached a letter from Mr Craig Biddick, Headteacher of Penicuik High School in relation to the length of the school day. As part of the consultation process he asks if all parents/carers of potential Penicuik High School students next session could complete the online survey which can be found here <a href="https://forms.gle/Gy8EGA7wdQeQ9S2x5">https://forms.gle/Gy8EGA7wdQeQ9S2x5</a>

Active Schools in partnership with the Penicuik HS Young Ambassadors are running a Kit for All initiative. They are looking for any sports clothing or equipment that you no longer require. If you have anything suitable you can hand it in at The Penicuik Centre reception and they will then arrange to pass it on to someone locally. They are working closely with other departments within the council to identify individuals who would benefit. Further reading is available here <u>Kit for All (sportscotland.org.uk)</u> and if you have any questions please contact <u>ActiveSchools@midlothian.gov.uk</u>

We have been asked to share with you that Penicuik North Kirk are offering a warm space every Friday 2-4pm. There will be tea, coffee, juice and board games. Everyone is welcome.

Please visit our school website <u>strathesk.mgfl.net</u> Our weekly mail drop and much more has now been added. Please take a wee look. We will continue to add information we think you might find useful so please visit regularly. We would appreciate your feedback and suggestions of what you would like us to share here.

We are also reinstating Twitter as a means of sharing and celebrating children's learning. Please follow us @StratheskPS.

A gentle reminder that our school is a pet and smoke free zone. Please do not smoke in or around the school grounds, including the playground and the school gates. Please do not bring pets, including dogs, into the school playground. Many of our children are afraid of dogs, even those on a lead, and some of our children are allergic to them. Thank you for your support with this.

Can you please ensure your child brings a healthy snack and water to school rather than sweets and fizzy drinks? Similarly, if your child is bringing a packed lunch can you please ensure all items are healthy? Over this term we have seen an increase in sweets, crisps and chocolate which can have a negative impact on a child's ability to concentrate in class. Please note we are a



nut free school and so nuts or foods containing nuts, including Nutella, must not be sent into school as we have a number of children with allergies. Thank you for your support with this.

Can you please make sure your child comes to school dressed for cold and wet weather? Children can leave a change of clothing in their trays in the classroom should you wish to send these in with them. Where possible, we will continue to develop our Outdoor Learning curriculum unless the weather is particularly bad. Even if not raining, the ground can still be wet and slippery especially in the woods so we recommend coming to school in wellies, waterproof trousers and coat on the days your child has Outdoor Learning.

Head lice and nits are very common in young children and their families. They don't have anything to do with dirty hair and are picked up by head-to-head contact. Please check your child's hair regularly for head lice. Treat head lice as soon as you spot them and ensure you complete the full treatment. There's no need to keep your child off school if he/she has head lice. For further information on how to spot and treat headlice please visit the NHS website https://www.nhs.uk/conditions/head-lice-and-nits/

## Next week's diary

Tuesday 31 <sup>st</sup> January	Wednesday 1st February
P7 - Headstrong programme	9.00 - 10.00 HT Drop In
15.15 - 16.30 Choir	10.15 - 11.45 P5 Swimming

Due to staff absence I have had to rearrange a few planned diary events. Our Family Learning event focusing on Writing has been postponed until Monday  $20^{th}$  February at 2pm. Can you please update your annual calendar to show this and I will remind you nearer the time.

Please have a lovely week, everyone. Take care and look after yourself and your family.