



Weekly Mail Drop 09.02.24

What a busy start we have had to 2024! The weeks seem to have flown by and we are already at the mid-term break! I hope you have a lovely week with your children next week. School will reopen for everyone on Monday 19th February 2024.

Our next Parent Consultations will take place on Wednesday 28th February from 4.00 - 6.00 and Friday 1st March from 1.00 - 3.00. This is an opportunity for children to share their learning with you and they are all working hard to put their presentation together for you. Teachers will be on hand to help them share their presentations during the consultations but the children will be taking the lead throughout. Time slots will be sent out when we come back after the mid-term break.

Can you please send a healthy snack in with your child for morning break? Recently some children have been forgetting their snack and complaining of being hungry before lunch time. Although we keep a small number of snacks in school for such eventualities, these don't stretch very far and we can't provide them on a daily basis. Thank you for your support with this.

Based on the popularity of last year's event, we are delighted to say that the Parent Partnership are organising another Spring Fair this year. This will take place on Friday 15th March 2024 from 12.30pm- 2.30pm. We plan to have a selection of fun stalls such as, tombola and hoopla, as well as fabulous class crafts, home baking and pre loved toys and books. To ensure the success of the event, we would be grateful for donations of bottles of different shapes and sizes, pre-loved toys and books and the ever popular home baking. We really can't run a fair without adults so your help on the day would be much appreciated. If you can spare a couple of hours to help please phone the school office on **0131 271 4705**, email stratheskppg@gmail.com or strathesk.ps@midlothian.gov.uk to confirm.

Again, we can't run the event without your help so any time would be much appreciated.

Head lice and nits are very common in young children and their families. They don't have anything to do with dirty hair and are picked up by head-to-head contact. Please check your child's hair regularly for head lice. Treat head lice as soon as you spot them and ensure you complete the full treatment. There's



Strathesk
Primary School

no need to keep your child off school if he/she has head lice. For further information on how to spot and treat headlice please visit the NHS website <https://www.nhs.uk/conditions/head-lice-and-nits/>

I have been asked to share the following with you:

1) Talking about Bedwetting - Parent/Carer event
22nd Feb 2024 • 19.00 - 20.30 • via Zoom

Bedwetting (enuresis) is a medical condition which can be treated in children from age 5. Around 15% of all 7 year olds regularly wet the bed. Join us for an evening webinar, led by a member of our Family Services Team to learn more about the causes of bedwetting and the treatments available to tackle this distressing condition. During this event, we will explain why night time wetting can persist even when daytime toileting is sorted.

Understanding the causes and the treatments available will help you decide what is right for your child - the right time to start working towards night time dryness, and the right treatment. We will cover coping strategies for ongoing wetting and products available to help contain the wee.

2) Midlothian Libraries are launching Polish Bookbug Sessions. These will be held at Dalkeith Library, starting on Saturday 24th of February at 11am and will run every 4 weeks. No need to book, just turn up and join in the fun! For further details please contact Dalkeith Library on 0131 663 2083 or Dalkeith.library@midlothian.gov.uk

Please have a lovely week, everyone. Take care and look after yourself and your family.

Pauline Mace